Prior Authorization

Tricyclic Antidepressant and Fluoxetine Combination
Tricyclic Antidepressant and Paroxetine Combination
Fluvoxamine and Clomipramine Combination

FDA Approved Formulary Agents:

**Tricyclic Antidepressant (TCA)**
- Amitriptyline   Elavil
- Clomipramine   Anafranil
- Desipramine   Norpramin
- Doxepin    Sinequan
- Imipramine   Tofranil
- Nortriptyline   Pamelor
- Protriptyline   Vivactil

**Selective Serotonin Reuptake Inhibitors (SSRI)**
- Fluoxetine   Prozac
- Paroxetine   Paxil
- Fluvoxamine   Luvox

**Guidelines for Approval of TCA in Combination with Fluoxetine or Paroxetine for Treatment-Resistant Depression**

1. Behavioral Health Recipient has a diagnosis of depression.
2. An adequate trial of formulary antidepressant monotherapy from two different classes has been attempted with documented failure.
3. Initial TCA doses should start at the lowest dose with monitoring for heart rate, blood pressure, and pupillary reactive response suggested. A maintenance TCA dose request for TCA shall include: heart rate, blood pressure, pupillary reactive response, and TCA levels with submitted prior authorization request.

**Guidelines for Approval of Fluvoxamine in Combination with Clomipramine, Amitriptyline, Desipramine or Imipramine for the Treatment of Obsessive-Compulsive Disorder**

1. Behavioral Health Recipient has a diagnosis of obsessive-compulsive disorder.
2. An adequate trial on formulary monotherapy has been attempted with documented failure.
3. Monitoring parameters must be provided with initial request to include: heart rate, blood pressure, pupil reactive response, and TCA levels.
References:

1. Manufacturer Product Information.