



NEWS RELEASE

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5th Annual Montgomery County Wellness Fair on Oct. 19 at the Plymouth Meeting Mall to offer free screenings, education and fitness demonstrations

Scottsdale, Ariz. – October 16, 2019 – Magellan Health, Inc. (NASDAQ: MGLN) today announced that Magellan Behavioral Health of Pennsylvania, Inc. (Magellan) will host the 5th annual Montgomery County Wellness Fair on Oct. 19 from 10 a.m. to 1 p.m. at the Plymouth Meeting Mall in collaboration with the Montgomery County office of Managed Care Solutions. Magellan administers behavioral health benefits for Medicaid members through HealthChoices contracts with Bucks, Cambria, Delaware, Lehigh, Montgomery and Northampton counties.

Key facts about the 5th Annual Montgomery County Wellness Fair

- This free event is open to all residents of Montgomery County.
- The event will be held inside of the Plymouth Meeting Mall (500 West Germantown Pike, Plymouth Meeting, Pa.) within the Mall’s common area.
- Families are encouraged to attend and participate in games, arts and crafts, and face painting.
- Fitness demonstrations from 10 a.m. to 1 p.m. are courtesy of ZHeat Fitdance, Edge Fitness, and Philadelphia Freedom YMCA.
- The event will offer **free health screenings** to provide a convenient option for those requiring some or all of the following screenings:
 - Blood pressure screening
 - BMI screening
 - Bone health screening
 - Diabetes screening
 - Mental health screening
 - Fall risk screening
 - Vision screening
- The event will include free food sampling courtesy of several mall tenants.
- The event will have over 65 exhibitors.
- Social determinants of health information, Community HealthChoices information, Tobacco dependence information, opioid resources, suicide prevention information, nutritional information and other community resources will be available.
- Many of the exhibitors will offer giveaways and other educational items for all ages.

“We are excited to celebrate our 5th Annual Wellness Fair, in collaboration with Magellan, that includes many family activities and food sampling opportunities within the Plymouth Meeting Mall,” said LeeAnn Moyer, managed care solutions administrator for the Montgomery County Department of Health and Human Services. “We are looking forward to fitness demonstrations every 30 minutes, and the local community can choose from many health screenings available. I encourage the Montgomery County residents to join us on Oct. 19 to celebrate wellness and healthy living.”

“The Montgomery County Wellness Fair is a convenient opportunity for local residents to learn about the many resources available, and to have the opportunity to get free health screenings of their choice,” said Jim Leonard, CEO of Magellan Behavioral Health of Pennsylvania. “We appreciate all of the exhibitors that are scheduled to attend, and we look forward to the 5th annual event that celebrates wellness in a fun and family atmosphere.”

The event is accessible to public bus transportation via Southeastern Pennsylvania Transportation Authority (SEPTA) with route schedules available at www.septa.org, and free parking is available at the Plymouth Meeting Mall.

The Montgomery County Department of Health & Human Services collaboratively provides an accessible network of resources that fosters, supports, and enhances the health and well-being of Montgomery County residents. These program offices include: Community Connections, Senior Services, Children & Youth, Health, Mental Health, Developmental Disabilities, Early Intervention, Child Care Information, Drug & Alcohol, Housing and Community Development and Veterans Affairs.

The Office of Managed Care Solutions manages the HealthChoices Program in collaboration with Magellan and the program offices within the Health and Human Services Department.

The Office of Drug and Alcohol Programs is committed to the prevention and treatment of substance abuse problems in Montgomery County. Services are delivered in partnership with qualified providers, and are guided by a philosophy that embraces hope, respect, and support for recovery. For more information, <http://www.montcopa.org/1339/Drug-Alcohol>

The Office of Mental Health/Developmental Disabilities strives to enrich the lives of people in a positive way, through a unique partnership with the community that ensures quality services. A variety of services are available to individuals who have been determined eligible through assessment and evaluation. For more information, visit <http://www.montcopa.org/150/Behavioral-HealthDevelopmental-Disabilit>

For more information on Magellan Behavioral Health of Pennsylvania, Inc. and their administration of behavioral health benefits for Medicaid members through HealthChoices contracts with Bucks, Cambria, Delaware, Lehigh, Montgomery and Northampton counties, go to www.MagellanofPA.com.

About Magellan Health: [Magellan Health, Inc.](http://MagellanHealth.com), a Fortune 500 company, is a leader in managing the fastest growing, most complex areas of health, including special populations, complete pharmacy benefits and other specialty areas of healthcare. Magellan supports innovative ways of accessing better health through technology, while remaining focused on the critical personal relationships that are necessary to achieve a healthy, vibrant life. Magellan's customers include health plans and other managed care organizations, employers, labor unions, various military and governmental agencies and third-party administrators. For more information, visit MagellanHealth.com.

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