

COVID-19 Update (May 1, 2020)

Listed below are Magellan resources, clinical communications, statewide and national announcements pertaining to COVID-19, and the most current list of our providers that have shared COVID-19 business and service arrangements.

Please note: The list of provider information includes the updates received prior to lunchtime on Friday. On an ongoing basis, we will share updates on Friday afternoon. Providers should send an email to <u>MBHofPA@MagellanHealth.com</u> with your most current information to share as a resource to our communities. For provider contact and profile information, please go to <u>Provider Search</u> on our website.

Magellan resources

- <u>24 Hour Level of Care Provider Survey</u>
 - 24 Hour LOC Providers Please complete this survey each Monday, and otherwise as necessary, during the COVID-19 crisis.
- COVID-19 FAQ from Magellan Behavioral Health of Pennsylvania May 1 edition
- <u>COVID-19 Telehealth Memo from Magellan Behavioral Health of Pennsylvania April 6 edition</u>
- National Mental Health Hotline for First Responders and Healthcare Workers: 1-800-327-7451
- Member resources (including many local food banks) on MagellanofPA.com
- Magellan Healthcare RESTORE[®] Digital CBT
- Magellan Health Insights Blog

Clinical communications

- We request that providers follow these communications procedures during the COVID-19 crisis:
- If a Member tests positive for COVID-19: Magellan requires an Incident Reporting Form to be submitted by providers for positive COVID-19 members at your location(s). This can be accomplished through submission of this form or a notification letter to Magellan sent via email to: <u>PAHCRecordRequestsMBHPA@magellanhealth.com</u>. In addition, please refer to the <u>DOH –</u> <u>April 6 alert</u> for additional helpful information.
- If a provider staff associate tests positive for COVID-19: Please follow the guidelines shared in the <u>DOH – April 6 alert</u>. No notifications to Magellan are necessary, unless a change to service delivery or business status occurs (see #3 below).
- For any business interruption or change to service delivery at the provider location(s) due to COVID-19: Please continue to share all provider notifications to <u>MBHofPA@magellanhealth.com</u> and your updates will be included in these future

announcements on a rolling basis. For our 24-hour providers, please also complete this <u>survey</u> each Monday to help us review current capacity concerns, and otherwise as necessary.

- Should remote working accommodations due to COVID-19 pose difficulty to transmitting information via facsimile for treatment requests and out of home placements (i.e. RTF and CRR Host Home), Magellan is offering the short-term solution to email treatment packet requests to <u>PAHCRecordRequestsMBHPA@magellanhealth.com</u>.
 - Please note that this mailbox is intended only for transmission of clinical records for processing, when there is no other option for submission. This email address is not intended for external use of provider or county submission of treatment record requests. We thank you for understanding these limitations and hope this accommodation is helpful to continue timely processing of paper packet treatment requests.
 - Until further notice, we are waiving the need for educational records until the schools are open for the packets.

Statewide and national announcements

- Department of Health (DOH) Official Webpage for COVID-19
 - o April 6 alert Instructions for patients with COVID-19
 - o Health Care Coalition (HCC) General Information
 - o PPE Guidance for COVID-19
 - o Guidance on Wearing a Mask in Public
 - o April 6 Building Safety Measures
 - o April 19 Public Health Safety Measures
- Department of Human Services (DHS) Official Webpage for COVID-19
 - o COVID-19 Statewide Support & Referral Helpline: 855-284-2494 (TTY:724-631-5600)
 - o DHS Stakeholder Update April 29
 - o <u>Member Support Materials April 10</u>
 - o ODP Announcement 20-035 April 2
 - o <u>OMHSAS March 25 FAQ</u>
 - o <u>OMHSAS Visitation Guidelines March 31</u>
- PA Office of Attorney General Unemployment Rights & Resources
- Pennsylvania Section 1135 Waiver Approval by CMS March 27
- Major Disaster Declaration Approved March 31
- Early Refill Availability for Prescriptions for Medicaid Recipients
- DHS Statement to BH Stakeholders on Mar. 20 re Essential-Life Sustaining
- <u>Commonwealth of Pennsylvania Critical Medical Supplies Procurement Portal</u>
- DDAP Licensing Alert 01-20
- DDAP Licensing Alert 02-20
- DDAP Licensing Alert 03-20
- DDAP Flex Bed Clarification
 - o DDAP Request Form for Flex Beds
- <u>CMS Newsroom</u>
- Notice of Enforcement Discretion for Telehealth by Office for Civil Rights (OCR)



- <u>FCC Makes Decision to Adopt Telehealth Program</u>
 - OMHSAS COVID-19 Telehealth Expansion March 15, 2020
 - o <u>OMHSAS-20-02 Telehealth Bulletin</u>
 - o <u>Attachment B Attestation Form to Provide Telehealth</u>
- <u>Governor Wolf Announces Library of COVID-19 Outreach Materials at PAcast</u>
- SAMHSA FAQs for Treatment of Opioid Use Disorder April 21
- NAMI COVID-19 Updated Guide

Provider updates during the COVID-19 pandemic

- **ABA Support Services** Effective March 16, they have temporarily transitioned all services to telehealth. They will continue to provide telehealth services until further guidance and direction is provided by the CDC/DHS/and OMHSAS.
- **Access Services** Here is a description of how licensed programs in all counties are supporting changes in service delivery to maintain continuity of care.
 - Mobile Psych Rehab (Bucks and Montgomery Counties)/ Justice Related Services BCM (Montco)/ TIP- BCM (Bucks):
 - Services are being delivered via telephone and video technology.
 - BHRS/IBHS
 - Behavioral consultation and mobile therapy sessions have transitioned to video in all counties.
 - TSS/BHT services in homes have been suspended in effected counties.
 - Mobile Crisis (Montgomery County)
 - To reduce the travel in the community, critical mobile intervention only is being provided in the community.
- Adelphoi MST Cambria County- Effective March 16, MST is being delivered via telehealth. Referrals are being accepted and services are open for new youth and families. On-call services via telehealth are still being offered.
- *Alternative Community Resource Program (ACRP)* Effective March 16, ACRP have temporarily suspended after school programming and in-school therapy sessions until further notice.
- **Behavior Analysis & Therapy Partners (BATP)** Effective March 16, they have implemented BHRS/ABA services via telehealth. All services (including BSC, MT, and TSS/RBT) can be delivered via telehealth. Services can continue in the home as agreed upon by the families.
- **Bet-El Counseling Services** All clinicians are providing Telehealth services and with supervisors onsite, crisis management is available daily should it be needed. Effective April 6, intakes have been resumed.
 - 530 Ridge Ave., Allentown location is open Monday-Friday 9:00 am 4:00 pm. These hours are for telehealth service scheduling but will see crisis clients as necessary. Injections, crisis services, PE/Re-evaluations and client support will be available on Tuesdays & Thursdays 12:00 4:00 pm
 - 307 E. 4th Street, Bethlehem location is open Monday-Friday 9:00 am 4:00 pm. These hours are for telehealth service scheduling but will see crisis clients as necessary. Injections, crisis services, PE/Re-evals and client support will be available on Wednesdays & Fridays 12:00 4:00 pm.



- **Bethanna** They are providing services via telehealth. They are accepting new referrals. The offices are open and available for in-person appointments as needed.
- **Bradley Center** They have instituted a no-visitation policy and are accepting no new admissions as of March 18.
- **Bucks County Drug & Alcohol Commission** Effective March 24, they will be conducting all business on a remote basis, Monday through Friday, 8:30 a.m. 4:30 p.m.
- Bucks County Emergency Management The Bucks County Emergency Management Agency has • their Emergency Operations Center (EOC) open to assist county entities during this crisis. They are currently receiving an overwhelming amount of resource requests that are not entirely filled out or specific to their immediate needs. They are also prioritizing deployment of resources when/if they become available to those services directly involved in the response and mitigation of COVID-19 who are overwhelmed and running out or are out of supplies. They recognize the need for protecting all agencies that could be impacted and are working to help everyone in need. Please understand that they are attempting to secure supplies at the local, state, and federal levels and they need exact quantities of each item requested when emailing them with a request. Additionally, please describe what these resources will be utilized for. They do not have any expected delivery dates or lead times for the orders we are working on at all levels, so please be understanding of the supply chain demand that is affecting local through federal governments in procuring these needed resources. Also, understand that submitting a request to Bucks County EOC as an "unmet need" means that your purchasing department of your agency CAN NOT find the items you are requesting, and you are understanding that these items are in need and that costs of the requester may be incurred or associated with this request. IF YOU HAVE ALREADY REQUESTED RESOURCES THROUGH YOUR MUNICIPAL EMERGENCY MANAGEMENT AGENCY OR DIRECTLY TO BUCKS COUNTY EOC. PLEASE DISREGARD UNLESS YOU HAVE ADDITIONAL REQUESTS. When considering what supplies you need, please consider the following based on CDC guidance: (1) Nonmedical contact personnel can maintain a 6-10 foot distancing from persons with at least a surgical mask in place. (2) Medical Personnel (HOSPITAL, URGENT CARE, & FIRST RESPONDERS) will be the ones most needing N95s and other PPE for "hands-on" close care of infected persons. If you have any questions, they will be available to assist during EOC Operational hours by phone at 215-340-8700. PLEASE SEND ALL RESOURCE REQUESTS AND DISASTER DECLARATIONS TO: EMAIL: BucksEMA@buckscounty.org or FAX: 215-957-0765.
- **Caramenico Counseling Group, LLC** The office is temporarily closed until further notice. Their clinicians are providing telehealth services to existing clients and these services will be extended past this date if needed. They are currently accepting new clients for telehealth services. Clients are asked to visit their <u>website</u> to submit a request to start counseling services or email their request for services to directly to Jennifer Caramenico, MA, LPC <u>info@caramenicocounseling.com</u>.
- **Carelink STAR Partial Hospital Program-** Effective March 16, clients that do not live in the hospital have been asked to remain at their residences until further notice.
 - \circ $\;$ Group and individual therapy are continued on premise for residents.
 - Therapists are reaching out via phone or email to communicate with clients and provide medication management services where applicable.
 - Until further notice, referral appointments and intakes have been put on hold.
- *Cedar Point* Patients may call and schedule appointments for telehealth.



- **Central Behavioral Health** Effective March 17, appointments are available via telehealth or telephone.
 - Staff is available at Norristown and Abington locations for any members that walk in.
 - The intake department is open and taking new referrals.
 - Their Lab and Injections are still taking place at the 1100 Powell Street location.
 - An Administrative Case Manager is available on-site and via telephone to link members to community resources and supports.
- Chester County Intermediate Unit (CCIU) All CCIU's BHRS offices are temporarily closed, and all case managers, case specialists, behavioral specialist consultants (BSC) and mobile therapists (MT) are working remotely. All families have been informed.
- **Child and Family Focus** Effective March 16, all services have temporarily transitioned to a telehealth model and are being handled remotely. All programs are still open for intake and are accepting referrals. Individuals requiring injections for medication management will be seen in the office. However, if the patient is experiencing any type of COVID-19 symptoms alternate plans will be made. Case Management departments are checking with families daily in regards to basic needs being met. All clients and families receiving services through Child and Family Focus have been notified and updated.
- **Child Guidance Resource Centers** Site-based outpatient therapists and community-based staff in Family Based, MST, Truancy and BHRS services have suspended in person contact and are using telephone/telehealth methods to provide services to clients. They are currently suspending outpatient intakes but will be completing a limited number of CREATE program intakes, and have suspended their CREATE, Elementary Education School, and School Based programs.
- **Children's Home of Reading** CHOR Youth & Family Services instituted the following precautions as of March 11 for 3800 Residential Programs:
 - Visitation suspended, including on campus, off campus, and community visits
 - Community outings suspended
 - Non-essential medical appointments postponed
 - Residential educational services suspended, including both on-grounds and community educational settings
 - Staff temperatures being taken upon arrival for essential work duties
- *CleanSlate Outpatient Addiction Medicine* They have temporarily suspended walk-in assessments.
- *Clubhouse of Lehigh County* Is temporarily closed until further notice. Staff will be continuing to provide reach out calls to all members during this time in order to provide resources and support. However, the building will be closed. Lunches will be available to any Clubhouse member from noon until 1 PM daily. They will also be providing additional food on Friday for members to make it through the weekend. Members can arrive at the door and pick up a lunch. They prefer that members call ahead to order a lunch, but this is not a necessity. They also have the ability to transport lunches for people that cannot make it to the Clubhouse. In order to do this, you will need to call to make arrangements. Please call the front desk and leave a message, 610-433-9910, ext. 201.
- **Colonial Intermediate Unit 20 (CIU20)** They are offering Telehealth services to all its existing consumers across its continuum of care. This includes outpatient, school-based, partial, and



intensive behavioral health services. Current limitations to services include Telehealth TSS services, and new members for all three services. CIU-20 continues to assess the current service delivery and expansion of services through the COVID-19 crisis.

- **Community Action Agency of Delaware County (CAADC)** CAADC offices are available for limited emergency services by appointment only. Their homeless shelters are open but are restricted to current residents. They have currently suspended taking applications for their Volunteer Income Tax Assistance (VITA) program. For any emergencies, please call (610) 874-8451.
- **Community Guidance Center** Their Clarion and Northern Cambria offices are temporarily closed until further notice. Members from those offices are being seen at the other offices.
 - The operating hours at the Indiana, Dubois, Clearfield, and Punxsutawney offices are 8:00 a.m. to 4:00 p.m.
 - Face-to-face, telehealth, and telephone services are available.
- **Community Services Group** Their PHP program started to take new referrals for PHP for individuals who are able to meet through telehealth, effective April 27.
- **Crozer Community Campus** Have suspended all group therapies as of March 17 to mitigate the risk to patients and staff. Clinicians and case managers are now working from home half-time.
- Crozer Keystone They have temporarily stopped accepting new adult psychiatric admissions.
- **Crozer Recovery Center and Methadone Clinic** Have temporarily stopped the services of running group therapy. Both departments will continue to offer individual therapy to their patients as a modified way to continue treatment services. They are asking ICM and CRS staff to screen prior to going into a patient's home, and they will also continue to utilize CRS and ICM services via phone and individually in the community or in their office to add additional support during this time. They continue to accept new patients and will work to meet the needs of the community while ensuring safety for all.
- **Devereux** This is a list of service delivery updates as of April 29:
 - DCBHC (Hospital) open for admission, but subject to change based on current capacity
 - PRTF/Residential CBHS (MH programs Mapleton & Brandywine) have reopened for admissions.
 - CIDDS (IDD/Autism programs), closed to admissions until further notice
 - Community Services remote therapy is in effect for Outpatient, FBMH, BCM
- **Early Autism Services** BCBA supervision and parent training is being provided via Telehealth. Behavioral Technicians are available to provide direct therapy for families who want to continue inhome services at this time. Families must complete an informed consent to in-home services and agree to participate in social distancing and safety routines. One Behavior Technician will be matched with one family for all direct hours authorized. All staff and families participating in therapy in the home are required to complete a daily wellness check.
- Edison Court Their April 2 update is <u>here</u>.
- Elwyn
 - Elwyn has temporarily closed the TASP programs in Delaware (Media Campus) and Lehigh counties (ARCH site) from March 16 until further notice.
 - After making some difficult decisions, Elwyn has suspended admissions to their Natale
 North and New Beginnings programs in Norristown and their Crisis Residential Program on



the Media campus. They will continue to consider referrals to their Adult Residential and ID Residential programs at Natale Media from inpatient facilities only on a case by case basis.

- Elwyn has temporarily suspended new referrals until further notice. They have moved to telehealth options to provide outpatient and community-based services.
- The Elwyn Welcome House Psych Rehab Program and New Visions Psychiatric Rehabilitation are closed temporarily until further notice.
- **Ethos Treatment** All three locations are closed for in-person sessions. They are providing evaluations, individual sessions, family sessions, and intensive outpatient groups via telehealth. They are accepting new referrals.
- **Explorations BHRS** Are temporarily working remotely. Nonetheless, all office staff and certainly BHRS front line staff will be working as much as possible as they usually would, providing authorized home services as long as parents agree to it. All office staff will be available via their regular office phone numbers and emails.
- *Fairmount Behavioral Health System* As of April 6, their adolescent PHP program is closed until further notice.
- **Family Behavioral Resources** TSS, Crossroads and Endeavor, and group therapies have been suspended effective immediately. All other service lines remain open for tele-health services.
- **Family Service Association of Bucks County** As of April 17, the Outpatient program is unable to accept new members for Suboxone Management on a temporary basis until further notice.
- *Firetree, Ltd* They have implemented increased screening protocol through their Intake Department. All in-person visitation hours are suspended indefinitely and they are working towards a "virtual visit" solution. Outside meetings (including 12-step) are suspended.
 - The following programs are operating with restrictions including capped inpatient numbers to allow for designated quarantine area within the facility: Conewago Place Non-Hospital Inpatient, Conewago Snyder Non-Hospital Inpatient, Conewago Pottsville Non-Hospital Inpatient.
 - Conewago Pottsville Non-Hospital Detox has temporarily suspended operations.
 - Conewago Indiana Non-Hospital Inpatient is temporarily closed until May 11.
- **Foundations Behavioral Health** Until further notice, they are restricting BHRS services within Montgomery County.
- **GateHouse** The most current update is <u>here</u>.
- **Gaudenzia** They have developed and are administering a screening tool to all new clients in order to identify those that may be at a higher risk for COVID-19. Staff and clients who are identified at risk will not be admitted into their facilities. Also, they have temporarily suspended visitors to their facilities. They remain open for 24/7 face-to-face assessments.
- **Gemma Services** They will work remotely on a temporary basis for the Rosemont Outpatient office, located at 452 S. Roberts Rd., Bryn Mawr, PA. They have a plan in place to ensure that their clients receive telephonic support, given the OMHSAS bulletin that was issued on March 15. They will also ensure that all clients will receive access to scripts when needed. They are committed to ensuring that their members avoid any service disruption.
- **George Junior Republic in PA** Individual and family therapy sessions are being provided via phone or video conferencing. Youth are only taken off campus for necessary medical appointments. Their psychiatrists are providing services via video conferencing.



- Visitors have been restricted to the Visitation Center. Visitations are allowed via electronic methods. All home passes have been cancelled until further notice.
- They are accepting referrals for all of the residential programs.
- Preventative Aftercare in-home services are accepting referrals and continue to open cases via electronic means.
- Glenn R. Koch and Associates, LLC -
 - Outpatient mental health has moved to telehealth platforms. New clients are welcome.
 - Drug & Alcohol: IOP and General services (individual and group) have been moved to telehealth. TSS/RBT have moved to telehealth when appropriate. FBAs and Assessments can be completed using telehealth.
- Good Friends Male Halfway House They are unable to accept new admissions until further notice.
- Goodwill of the Southern Alleghenies Is temporarily closed to adhere to the Governors guidance on closing all non-essential businesses, so there are no site-based Psych Rehab classes. Peer Support is not providing face-to-face visits, but they are providing peer support via telephone contact. Their main phone number (814-536-3536) is checked regularly, clients can leave a message, and someone will return their call.
- *Harwood House* They will be conducting all interviews by telephone. Clients will have 12-step meetings in house. There are no outside meetings during this time. Admissions will be scheduled.
- *Haven House* Has temporarily suspended onsite PRS services until further notice, effective March 19. All other services will remain open, including: Outpatient / Psychiatric Services / Nursing (Med management, IPE, Assessments, therapy); Mobile PRS; Wellness Recovery Team; THRIVE; MH/AP.
- Haven of Philadelphia The inpatient program has reopened for admissions as of April 20.
- Hispanic American Organization of the Lehigh Valley As of April 2, certain HAO programs are open on a limited basis, as follows: HAO's Counseling Services Mental Health Clinic / Inspired Program will be open from 8:00 a.m. to 5:00 p.m., by appointment only. The Drug and Alcohol Outpatient Program will operate on reduced hours, from 8:00 a.m. to 1:00 p.m. The Mental Health Clinic has resumed normal business hours, open from 8:00 a.m. to 5:00 p.m., and will be open to see all clients at that time. All other HAO services will remain closed to the public.
- *Hoffman Homes RTF* The following steps will be implemented by Hoffman Homes for Youth beginning March 13, until further notice.
 - All therapeutic leaves and day passes are canceled.
 - All on and off campus visits with parents/guardians, family members and outside agencies are canceled.
 - All off campus community outings for the children are canceled.
 - All unnecessary medical appointments, unless ordered by a doctor, are canceled.
 - Admissions will reopen on May 4.
 - Discharges planned for will occur as planned. Please check into Medical Services to pick up your child and complete the discharge process.
 - We will not be sending children or staff to court hearings. Children and staff will be available by conference call.
 - Visitors are prohibited from campus. Exceptions will be made for contracted staff and emergency personnel.



- Holcomb Behavioral Health Systems They are accepting referrals and maintaining all appointments via telehealth as well as in-office (in-office as requested and after completing a COVID-19 Health Screen). Supervisors and clinical support staff will be available to answer questions, schedule appointments, and assist with varying needs.
 - <u>Outpatient</u>— Effective March 19, all clients receiving medication management services are being seen through telehealth services. Effective March 20, they are providing telehealth services to all MBH and Commercial Insurance clients. New referrals are being accepted. Please call the Central Intake Department at 1-800-258-8860.
 - <u>Case Management</u>—Case Managers are providing services remotely via telehealth and over the phone. They are meeting clients in homes or the community on a case by case basis after a Covid-19 screening is completed. They continue to provide on-call services as needed. New referrals are being accepted.
 - <u>IBHS</u>—Behavior Consultants and Mobile Therapists have moved to telehealth services.
 BHT's continue to provide services in the home if families are willing to let them in the home. IBHS is working toward BHT's providing telehealth.
 - <u>School Based Outpatient Programs</u>—Telehealth services are being offered to children receiving outpatient services in the Perkiomen Valley and Souderton School Districts to clients with both MBH and Commercial Insurance.
 - <u>Family Based Services</u>—Effective March 20, clinicians are offering telehealth services to clients and their families. In-home appointments are available upon completion of COVID-19 Health Screening tool. New referrals are being accepted.
 - <u>All CRR's, Personal Care Homes, Three Person Residences</u> Will remain fully staffed but the no-visitor policy will remain in effect until further notice. New referrals are being accepted.
 - <u>Substance Use Assessments Program</u> Will provide video conferencing assessments to clients as referrals are received. New referrals are being accepted.
- *Horizons Behavioral Health* All BHRS services are being provided via telehealth. They are accepting new referrals.
- *Horizon House* Administrative offices are open and available for staff in order to support continued services, but staff are being directed to only come in when necessary and to follow all recommendations regarding social distancing and sanitization. Effective March 19, site-based programs such as CIRCs will be closed for onsite services but staff will continue to provide support to participants through telehealth. Staff will be working from home and contacting participants by phone.
 - Horizon House of Delaware County ACT program is temporarily not accepting new members until further notice.
- Indian Creek Foundation Effective April 6 until further notice, all services (Outpatient, BHRS, ABA, Therapeutic After School Program and Peer Support) are being provided via telehealth. Administrative and clinical staff are available to field phone calls, and to facilitate crisis care as needed within their outpatient center.
- Institute for Behavior Change, INC Institute for Behavior Change, is the administrative entity for: The Network for Behavior Change, Children's Behavioral Health Center, and Firebird Management. These entities have various BHRS/IBHS provide enrollments in Delaware, Montgomery, and Bucks counties. They have implemented the following policies:



- 1) Effective March 9, all group meetings and company gatherings were cancelled until further notice.
- 2) Effective March 9, their administrative office has been open only to employees who have been designated to manage our emergency operations.
- 3) Effective March 12, all TSS services provided in schools within Montgomery County were discontinued until further notice.
- 4) Effective March 13, they are no longer accepting or processing intakes, referrals, or new requests for services until further notice.
- 5) Effective March 13, they are no longer providing face-to-face psychological visits to complete Written Orders until further notice. In order to maintain continuity of care, we are exploring all options at this time.
- 6) Effective March 16, all TSS services provided in school throughout our provider area will be discontinued until further notice.
- Key Recovery Outpatient Services Effective March 23, their services will transition to telehealth. This includes level of care assessments for clients seeking treatment. Individuals seeking new level of care assessments are instructed to contact their office by calling 484-490-1060 between 9:00 am and 3:00 pm Monday through Thursday. The agency is now closed on Fridays until further notice. Outside these hours, please contact the Keystone Center at 610-876-9000.
- *Keystone* Center As of April 17, the D&A detox/rehabilitation program is temporarily not taking new admissions until further notice.
- *KidsPeace* The following protocols are currently in place:
 - They have suspended all FCTs/visits.
 - They have stopped all large group functions and off-grounds activities at this time.
 - They have stopped all outside visitors to the houses and greatly reduced all points of contact that are not essential.
 - The Autism After School Therapeutic Program in Bethlehem is temporarily closed as of March 23.
 - All KidsPeace outpatient locations in Lehigh and Monroe County will continue to offer free walk-in mental health assessments by clinically trained professionals – no appointment needed. The assessments allow for fast evaluation of mental health condition and if needed crisis intervention – relieving the pressure on hospitals and emergency rooms as they prepare for a surge in COVID-19 cases. KidsPeace is committed to providing walk-in assessments at these offices as long as they are open during the emergency. The service is available during business hours at these locations:
 - Allentown (two locations)
 - 801 E Green Street (across from Dieruff High School) 610-799-8910
 - 451 W Chew Street, Suite #105 (St. Luke's Sacred Heart Hospital Campus) 610-776-5465
 - Bethlehem (one location)
 - KidsPeace Broadway Campus Family Center (1620 Broadway, Bethlehem) 610-799-8600
 - Monroe County (one location)
 - 1151 Pocono Boulevard, Suite #2, Mt Pocono, PA 570-243-8787
- *K/S-MST* Is implementing Telehealth for Multisystemic Treatment services effective March 16 in response to best practices to greatly avoid exposure to COVID-19.



- Lehigh County Mobile Crisis Effective April 20, they are temporarily not accepting walk in clients until further notice. All operations are handled via telehealth.
- Lehigh Valley Drug and Alcohol Intake Unit The Intake Unit will continue to meet the needs of the clients in need of D&A assessments and provide Recovery Support Services using telehealth services during the Covid-19 crisis:
 - Walk-in assessments were temporarily discontinued on March 23. However, D&A evaluations may be scheduled by calling 610-923-0394 and are being conducted via telehealth.
 - While CRSs have discontinued in-person meetings with individuals, services have continued via telehealth and telephone. All CRS staff are currently available to have remote meetings with individuals, and new referrals are being accepted. Similarly, Case Management services are available remotely and new referrals are being accepted.
 - Recovery Centers (Bethlehem Recovery Center, Change on Main, and Change on Third) are closed from March 16 until further notice. The staff will continue to assist community members via phone and social media, provide information about available resources, and guide clients to recovery supports and other resources during this time.
- Lehigh Valley Health Network Partial Hospital Program They are doing virtual video programs Monday through Friday. They are providing group therapy, psychiatric evaluation, medication management, individual therapy and family meetings as needed. Please call with your referrals to the Adult PHP's: Adult Transitions 610-402-5950; Alternatives PHP 484-884-5690. And Adolescent PHP: Adolescent Transitions: 610-402-5930.
- Lenape Valley Foundation Their most recent updates include:
 - Their Crisis Residential Program is currently not accepting new admissions.
 - Lenape Valley Foundation is postponing any community events & meetings that are scheduled to take place at their facilities. This is in effect until further notice.
 - They have limited groups that meet in their buildings. Continuation of group therapy is being monitored on a daily basis. They advise checking with your group leader regarding the current status of your group.
 - Their onsite pharmacy, Genoa, has offered to mail medication or walk out to cars for pick up for consumers that don't have otherwise scheduled appointments. Call the pharmacy directly to arrange for these services: 267-327-4559.
 - As of March 24, they have closed the 500 N. West Street and 499 Bath Road locations to consumers and are only having staff on-site who absolutely need to be there. The exceptions are the Clozaril clinic and injections.
- Libertae They are temporarily not accepting admissions until further notice.
- Life Guidance They are open with minimal staff. Services are being provided via telehealth and face-to-face as needed.
- Malvern Health
 - *Malvern-Pottstown* Effective March 24, PHP, IOP and OP services are being conducted via telehealth. They are administering face-to-face UDS as clinically appropriate.
 - Progressions Behavioral Health Services, Inc. Effective March 24 until further notice:
 Outpatrient Psychiatric Clinic programs have moved to telehealth services and are accepting new patients. Behavioral Health Rehabilitation Services have moved to telehealth. Services



may continue in home/community settings as mutually agreed upon by families and staff. New admissions are welcome.

- *Melmark* Their Residential Treatment Facility is unable to accept new admissions until further notice.
- **Mental Health Partnerships** MHP headquarters at 1211 Chestnut St, Philadelphia is temporarily closed to visitors due to the COVID-19 crisis. They have limited administration hours each day to ensure fiscal and IT operations continue. Most of their staff are working remotely for their health and safety. Their main phone number and general email are being monitored and responded to multiple times a day.
 - *PeerNet Program* Has been temporarily converted to telehealth effective March 18.
- *Merakey (Delaware and Montgomery Counties)* Effective March 12, they suspended their IOP program as a precautionary measure, and the OP program is still providing psychiatry, therapy and med services (limited onsite and the rest are telehealth starting March 18). Merakey has made the decision to operate the majority of their Dual Diagnosis Treatment Team (DDTT) services through telehealth but will continue to offer vital services, face to face (i.e, administration of injectable medication, imperative medical appointments, etc.) as long as it's safe to do so.
- Merakey Outpatient Clinicians and Psychiatry Staff have been informed:
 - That all services will be performed via telehealth.
 - For the few individuals that are showing up to open access, staff will be available to provide that service with the necessary precautions.
 - Outpatient will continue to operate with a skeleton staff to include department leadership, and two clinical staff to address any urgent needs, especially those individuals referred by an inpatient setting.
 - Finally, as a result of the clinic moving to telehealth the clinic will be closed on Saturdays on a temporary basis.
- *Merakey Broomall PRS Program* For the PRS Program office located at 620 Park Way Psych Rehabilitation Program located in Broomall, PA, they are currently working remotely. If you have any questions, send an email to: <u>CDickerson@merakey.org</u> or <u>Tracy.Perry@merakey.org</u>.
- Merakey Delco FACT They are cancelling all group sessions for the time being.
- *Merakey (Cambria, Lehigh and Northampton Counties)* Merakey services in Lehigh and Northampton Counties including: Blended Case Management, Peer Support Services, Wellness Recovery Team, Therapeutic Foster Care/CRR Host Home, Foster Care, and Family Based Mental Health are implementing expanded telehealth options of service delivery, effective March 18.
 - Effective April 17, Merakey's ACT Program in Lehigh & Northampton counties is temporarily not taking new members until further notice.
- *Mercy Fitzgerald Hospital* Mercy Fitzgerald CCP is currently providing telephonic support for BCM participants starting on March 20. There will be a re-evaluation to determine options at a future time. Mercy Fitzgerald Outpatient medication management will provide tele-medicine to their current outpatient clients starting on March 23. Injections and Clozaril monitoring will continue.
- *Mirmont Outpatient Center Broomall* All MH, SUD groups and OP Psych programing is temporarily moving to virtual effective March 19.
- *Montgomery County Recovery Community Center* They are working remotely until further notice. They will be available for virtual/telephonic recovery support services and those interested



should call Alison Slickers at 610.675.4200 or email <u>aslickers@councilsepa.org</u>. Effective March 13, their centers in Bucks and Philadelphia Counties will be limiting services to previously scheduled one on one appointments. During this time, groups and walk in services are temporarily postponed. They will continue to monitor the State and County recommendations and update this information if and when changes are made. Please use the following contact information for each center and to schedule an appointment.

- Philadelphia Recovery Community Center: Hank Owens call 215.223.7700 x109 or email howens@councilsepa.org
- Southern Bucks Recovery Community Center: Alison Dunn call 267-885-8205 or email adunn@councilsepa.org

As always, the Information Line is a resource that can help answer your questions concerning alcohol, tobacco, and other drugs; and provide information, support, referrals and advocacy. (800) 221-6333 Referral/Information Line 9a-5p M-F. You can also call PA Get Help Now 24/7: 1-800-662-4357(HELP).

- **Muhlenberg Mental Health Clinic** Will see patients effective March 19 at the LVPG Adult & Pediatric Psychiatry (2710 Schoenersville Road) during the COVID-19 situation. All phone information will be the same.
- *MusicWorks* Effective March 30, they are delivering music therapy sessions via Telehealth and will continue to do so until the end of the pandemic.
- **NAMI-Lehigh Valley** Have moved their peer and family support groups to Zoom. They have added a check-in group to anyone, regardless of mental health diagnosis. The groups started on March 31 and the schedule is: General Check-in, Tuesdays, 1-2:30 pm; Family Group, Wednesdays, 2-3:30 pm; and Peer Group, Thursdays, 6-7:30 pm. Contact <u>info@nami-lv.org</u> to join the groups.
- **Network of Victim Assistance (NOVA)** The offices are temporarily closed, as the staff is working remotely. For all updates and contact information, go to <u>www.novabucks.org</u>.
- Northampton Emergency Services- They have closed walk-in Crisis Services. Mobile services are being provided via telehealth.
- Nulton Diagnostic & Treatment Center- They are currently open and providing all services.
- Oasis Community Center They have virtual support groups available via Zoom. OASIS Daily Connection is weekdays at 11:00 am, ACA "Trust, Feel, Talk" is Mondays at 7:15 pm, CoDA "Sharing Experience, Strength, & Hope" is Tuesdays at noon, and Al-Anon "Roots of Hope" is Tuesdays at 7:00 pm. For links to the Zoom meetings, e-mail <u>mailto:info@oasisbethlehem.org.</u> If you have any questions, send an email to <u>rhonda@oasisbethlehem.org</u>.
- **Omni Health Services** Has temporarily stopped all face to face services and will transition to telehealth service delivery.
- **Paragon** They are operating telehealth only services for their ABA and Outpatient Services. Families can continue to reach out to their clinicians throughout this time and access their services through telehealth if needed.
- **PATH (People Acting to Help), INC** The 8220 Castor Ave. building hours have been reduced to 8:30 am- 4:30 pm. They continue to provide services to current clients via telehealth. PATH will accept intakes for Outpatient for individuals stepping down from higher levels of care. For clients using injectables, they will be scheduled to come to PATH and a nurse will give them their injection.



- *Pathways Community Services* (The ReDCo Group) They are temporarily providing BHRS via telehealth.
- **Peerstar** Offices are currently open with staff rotating shifts between telework and office days. Referrals are continuing to be accepted and processed. Face to face services are provided after health screening questions. As of March 17, telehealth via video is an option.
- **P.E.N. Drop In Center** The Drop In Center is temporarily closed until further notice, and the staff will be working remotely. This closure includes the cancellation of their 'Time Travelers Ball'. Refunds will be available once the Center reopens. Dr. Talbot has also made the decision to postpone the trip to the Baltimore Art Museum until the fall. If you are unable to attend the rescheduled date, your money will be refunded. For any questions on these items or anything else related to the Drop In Center, please send an email to mjoseph@pendropincenter.org.
- **Penndel Mental Health Center** Effective April 21, the ACT program is temporarily not taking new members until further notice.
- **Penn Foundation** Due to emergency staffing needs on their crisis team, they had to expedite their transition of all services to telephonic treatment at their crisis line, 215-257-6551. Effective March 29, all crisis services, including assessments and 302's, moved to telephonic treatment.
 - The Recovery Center is temporarily closed as of April 24 until further notice.
 - Additionally, Penn Foundation has implemented Zoom for Healthcare, enabling them to resume their mental health group therapy services and their IOP drug & alcohol groups beginning March 30. As of March 30, the only suspended services include:
 - Wellspring Clubhouse Services
 - Drug & Alcohol Partial Hospital Services
 - Group wellness classes (yoga, mindfulness and tai chi some videos however are available on Penn Foundation's website for clients and the community)
 - The Recovery Center (see above)
- **Penn Psychiatric Center** They are open for appointments during business hours Monday through Thursday 8:30 am 8:00 pm and Friday 8:30 am 5:00 pm.
 - Clients can be seen in person or via telehealth by psychiatrists or therapists.
- **Piece of our Puzzle, LLC** They have put a hold on in-home services to families who meet that criteria until further notice. And they are offering BCBA services via email, phone and video chat. Supervisors have their own Google classroom portal which any child who is interested can join; they just need their email. The portal will include virtual social skills groups and field trips.
- **Pinebrook Family Answers** They remain open and all behavioral health services are being done via telehealth. Clients are being contacted by clerical staff or by their primary provider to arrange telehealth services but can contact the appropriate office for more details. For other essential services that are not able to be done remotely, staff members are continuing services face-to-face while following CDC guidelines for social distancing and hygiene practices. If members have not heard from their primary provider or support staff, please call that provider or the respective office at the following numbers: Allentown, 610-432-3919; Bethlehem, 610-814-7154; Easton, 610-551-8151; Wind Gap, 610-863-8151.
 - They have expanded their free Warmline services to anyone with emotional and mental health concerns who need someone to listen and care. The Warmline accepts calls between 6:00 a.m. and 2:00 a.m. seven days a week. Call 610-820-8451.



- PMHCA At PMHCA and Youth MOVE PA they understand the toll social isolation can take on our mental health. Connecting online can be a good way to alleviate this issue. PMHCA and Youth MOVE PA will be hosting a series of "<u>Virtual Drop-In</u>" zoom meetings to help reduce the sense of social isolation we can experience during this difficult time. These are NOT clinical or therapeutic groups!
 - The "<u>Adult Virtual Drop-In"</u>, is a topic-driven, social gathering hour that is scheduled twice a week. While we are all house bound during this health crisis, let's take some time for some good old socialization and conversation. We would love to discuss many different topics such as our "favorite things" and our "go to coping skills" with whoever wants to join us. One topic that is off limits is the COVID-19 virus! Meetings will take place using Zoom on Tuesday and Thursday from 1 pm to 2 pm. Meetings will be moderated by Kathy Quick, Jason Rilogio, and Samantha Harkins.

Meeting ID: 131-337-859, Meeting Link: <u>https://zoom.us/i/131337859</u>

• Youth MOVE PA is excited to host a "<u>Youth Virtual Drop-In"</u> that is all about getting some social interaction, even if we can't go out and do our normal things like school, sports, going to the game store, or hanging with our friends. We know how stressful it can be when our routine is messed up and it is just as frustrating when everyone is talking about Coronavirus as if there might be impending doom!! We would like to help you feel better about the outside world and the stress it may bring by meeting new people who join this group. We will be talking about ourselves, what we like, and be discussing a specific topic with each other during each meeting. This gives us some distraction from the anxiety that can arise from being stuck inside all the time. Our meetings will be hosted every Monday and Friday from 3:30pm to 4:30pm on Zoom. Meetings will be moderated by Zack Karenchak, Tristan Schnoke and Aaron Zimmerman.

Meeting ID: 410-999-098, Meeting Link: https://zoom.us/j/410999098

- The "<u>CPS Virtual Drop-In</u>" is designed specifically for Certified Peer Specialists. As Certified Peer Specialists, we are familiar with taking care of others needs over our own, as well as our paychecks depending on our billable hours. In this time of uncertainty, we must take care of our personal wellness, so we can continue to be an inspiration to those we serve, whether by phone or through other technology. This is a statewide support group that can be molded to fit the needs of those attending. We are resilient, we're Peer Specialists, we are living breathing examples of recovery, and we will get through this together. Join us Mondays from 11:30am – 12:30pm. This meeting will be moderated by Jason Rilogio and Kathy Quick. Meeting ID 305-863-445, Meeting Link: https://zoom.us/j/305863445
- Potential Inc. & Springtime School -
 - Pairing a Registered Behavior Technician (RBT) with a single family to provide essential services for the duration of the ban on non-essential travel. Both parties must take and pass the CDC's COVID-19 screening questionnaire.
 - Sanitizing all materials used by RBTs before entering a home. Additionally, Potential's office is being deep cleaned in preparation for when they can re-open.
 - Program Coordinators are using telehealth to support families and supervise RBTs.
 - Until the ban is lifted, their offices will remain closed and all administrative staff are working from home.



- **Preventive Measures** Has temporarily stopped all face to face services and will transition to telehealth service delivery.
- **Progressions Behavioral Health Services Inc.** Effective March 24 until further notice:
 - Outpatient Psychiatric Clinic programs have suspended face-to-face services and moved to telehealth. They are open and ready to accept new admissions.
 - Behavioral Health Rehabilitation Services (BHRS) programs have suspended in-office services and moved to telehealth and in-home/community services. In-home and community settings are continued upon request and as mutually agreed upon by family and staff members. There is a screening process before each encounter. They are accepting new admissions via telehealth for BHRS.
 - All of the main office phone numbers are active and staffed. Please call with any questions or requests to 610-970-5000.

• Pyramid Healthcare

- All outpatient programs are offering all levels of care via teletherapy and by phone.
- Their Methadone programs remain open and are offering counseling via telehealth. Take home dosing options are available based on client's needs.
- Transportation is available to all detox, residential, and halfway house programs statewide.
- All inpatient programs are open and offering detox, long, and short-term inpatient programming.
- Ridgeview Adolescent Inpatient Non-Hospital Facility is closed until further notice.
- The Hillside (East Stroudsburg) location has reduced their in-patient/residential beds. The detox center is closed temporarily. Clients who would normally access detox services at Hillside will be provided treatment at the next closest location, Dallas.
- **Recovery Partnership** Offices are currently open to essential staff only until further notice. Nonemployee visitors are prohibited unless deemed medically necessary or required by court order. All previously scheduled activities, meetings and appointments have been postponed. Please contact your peer worker via telephone for any support issues you may be experiencing at 610-861-2741.
 - Daily Virtual Drop-In Center begins April 1 from 2:00-4:00pm. Visit their website at http://www.recoverypartnership.us
 - Certified Peer Support is open and accepting referrals via Telehealth.
 - Reflections Peer-run Respite is open, but currently has a waitlist. Referrals are operating as usual while observing cleaning, sanitation, and distancing protocols.
 - Easton & Bethlehem Drop-in Centers are temporarily closed until further notice.
- Resources for Human Development -
 - Lehigh Valley ACT Services: LVACT is increasing the use of phone and conference calling to remain in contact with members. They will assess/determine on a daily basis which members require a face to face contact and then utilize safe practices in service delivery. Suspended all in house groups for now and will reassess in the coming weeks. Not doing any face to face contacts in Hospitals/ER's at this time.
 - Lower Merion Counseling And Mobile Services (LMCMS): Effective March 18, Telehealth will be provided for outpatient services including: individuals, groups, psychiatric evaluations, family therapy sessions, group therapy sessions, assessments and medication management checks. Telehealth will also be provided for case management, peer services,



and job support services. Intakes and injections are still available on site with scheduled appointment.

- *Rise Above Services*: Effective March 23,[,] Rise Above staff implemented telehealth options approved for MCCF evaluations. DUI Evaluations, PPI Evaluations, and Psych Evaluations are now being offered through telehealth options including telephone and video. Clients still have the option for in-office services if clinically needed and/or if they don't have access to technology. Universal precautions will be followed to ensure safety of staff and clients. Office hours are Monday -Thursday 9:00am to 5:00pm Friday 8:00am to 4:00pm.
- Montgomery County Recovery Center: MAT treatment is still being offered Monday to Friday. For individual and staff safety, the number of individuals in the clinic at any given time has been limited and floor markers have been placed in the lobby to limit contact. SAMHSA relaxed take-home guidelines has allowed the clinic to offer take-home doses of up to 28 days for individuals who are stable and 14 days for individuals who less stable but whom OTP believes can safely handle level of take-home medication. Counselors are providing telehealth services via telephone and video. All group counseling has been suspended until further notice.
- **Yale Psych Rehabilitation**: The YALE program has been successfully maintaining individual services through face to face contacts, skype, zoom, face time and telephone for individuals more comfortable with the simplicity of that. Group activities have been significantly reduced and are only occurring when there is a common skill area to support amongst individuals residing in the same house. The young adults at the YALE program are very comfortable with the use of technology. The majority of individuals have been keeping their virtual appointments as well as maintaining the face to face contacts with the Psychiatric Rehabilitation Workers on-site providing residential services as well.
- Critical Time Intervention: (CTI) is providing case management services remotely via video technology (preferred) and telephone. In an event that would require a face to face interaction, CTI staff would engage with the individual face to face using guideline provided by the CDC. CTI is only receiving new referrals from the Coordinated Homeless Outreach Center (CHOC) at this time.
- Hope House: Hope House continues to have a 6-bed capacity. The priority is given to members who reside in Northampton and Lehigh Counties. Members are asked the COVID-19 screening questions and if yes to any questions, they would need medical clearance. Members who are stepping down from an inpatient setting will be screened with the COVID-19 questions. If someone is medically compromised, they will be assessed on a case by case basis to determine if Hope House is an appropriate admission. Groups have been suspended.
- Salisbury Behavioral Health They have temporarily closed site-based Psychiatric rehabilitation programs in Bethlehem and Allentown and are offering telehealth services to these individuals if they are interested in maintaining services, where it is appropriate. Individuals in service have been notified as have any residential or family supports if appropriate. As of March 17, visitor restrictions have been implemented at their residential locations including Personal Care homes, CRRs, and Supported Living Programs:
 - o no visitation from families, guardians, and outside parties
 - o **no home visits**



- o rescheduled non-essential medical or dental appointments
- o no community activities
- o hold on new admissions
- **SOAR** Is suspending all groups until further notice.
- **Sound Health Counseling Solutions** Will go to telehealth on a temporary basis, effective March 24.
- Spectra Support Services, LLC Spectra Support Services, LLC has suspended day programming, community visits, and face-to-face clinical therapy services until the stay-at-home order for the commonwealth of Pennsylvania is lifted. Spectra now delivers telehealth counseling and behavioral therapy services through HIPAA-compliant telehealth platforms such as phones and/or computers. Contact them to learn more. Please note: Spectra's residential program will remain open as it is considered an "essential" function since there is no alternative for care of their residents.
- *St. Luke's University Health Network (Bowmanstown & Eaton Ave locations)* Large groups and partial programming are temporarily suspended. Clients are receiving daily telehealth visits.
- **Summit Academy** Effective April 22, their D&A rehabilitation program is temporarily not accepting new members until further notice.
- **Team Counseling Concepts** BSC and BCBAs have been moved to Telehealth. TSS and RBTs are currently only servicing their most critical cases, if the parents request and allow these services to be provided in-home.
- Treatment Trends
 - Keenan House is still accepting admissions with additional screening protocols.
 - Halfway Home of the Lehigh Valley is still accepting admissions with additional screening protocols.
 - Confront assessments/intakes are available in person and via telehealth. All IOP and OP services will be performed via telehealth.
 - Training Institute has cancelled all trainings until further notice.
- United Way of Greater Lehigh Valley has created a list of <u>pantries</u> and <u>sheltering programs</u> in the Lehigh Valley.
- **Valley Youth House** All Valley Youth House office locations are temporarily closed to staff, clients, and guests. Please reach out to <u>info@valleyyouthhouse.org</u> with any questions or concerns.
 - o All essential Valley Youth House locations will remain open to include:
 - Lehigh Valley Shelter
 - Bucks County Shelter
 - Supervised Independent Living+ (SIL+) locations
- Valliere & Counseling Associates, Inc. Group and individual sessions are being completed with Telehealth through Theranest. New clients are welcome, and information is available on <u>their</u> <u>website</u>.
- Warwick House Warwick House remains open for new referrals and admissions. Additional precautions are in place for facilitating new admissions. All visitation and off campus activities/passes remain suspended. Video and phone communication is being widely utilized by residents and staff for therapy sessions and to remain in frequent contact with involved family members. MCC BHRS/IBHS continues to extend all services via telehealth with consenting



clients/families. MCC Outpatient services remains open for new referrals. All Psychiatry and Therapy appointments are provided via telehealth with consenting clients/families.

- White Deer Run Allentown Telehealth is available for IOP, OP and individual sessions.
- *White Deer Run Halfway House* Both male & female WDR HWHs are not taking any new admissions at this time, until further notice.
- Woods Services
 - They have suspended all resident home visits and non-critical out-of-state medical or other appointments.
 - In an effort to protect their residents and staff, they have suspended all outside visitation at this time. If a family/guardian chooses to take their child home, they are allowing this, but they will not be able to return to Woods until they are authorized.
 - Effective April 22, they are temporarily not accepting new RTF admissions until further notice.

