

Psychiatric Rehabilitation for Autism Spectrum Disorder (ASD)

Psychiatric rehabilitation can help successfully integrate young adults with ASD in the community through skills teaching.

Strengths-based service providers collaborate with the individual with ASD and their circle of care to develop a plan. Adult daily living skills are taught. Natural supports and resources are strengthened. Services further education, jobs, communication, socialization, wellness management, as well as managing living successfully in an environment of choice.

Program Eligibility

- Resident of Lehigh or Northampton County with Medicaid insurance.
- Ability and willingness to independently participate in choice-based planning.
- 18 years or older or meet the age criteria established by OMHSAS for young adults.
- Have a written recommendation by a licensed practitioner of the Healing Arts (Physician, CRNP, Physician's Assistant, Licensed Psychologist, Licensed Clinical Social Worker (LCSW), Licensed Marriage & Family Therapist (LMFT) or Licensed Professional Counselor (LPC).
- Identified need in at least one life domain (Living, Learning, Working, or Socializing).

Program Facts

- Designed for young adults, ages 18+.
- Teaches skills in Living, Learning, Working and Socializing. Individual choice is maintained in addressing the skills needed.
- Staff provide direct and indirect skills teaching inclusive of cooking, cleaning, menu planning, shopping, money management, physical & mental wellness management, communication, and/or furthering interest leading to meaningful employment.
- Services provided in the home, community (Mobile) or a specially licenses facility (Site-Based). Delivered on a one-on-one basis or in small groups.

For more information, please contact:

Haven House (Mobile & Site-Based): 1411 Union Blvd., Allentown, PA 18109 - Ph: (610) 433-6181

Step By Step (Mobile Only): 623 West Union Blvd., Bethlehem, PA 18018 - Ph: (610) 867-0688

Salisbury House (Mobile & Site-Based):

- Recovery Education Center 1427 Chew St., Allentown, PA 18103 - Ph: (484) 866-9303
- Unity House Enrichment and Recovery Center (Mobile and Site Based) 119 N 4th Street, Bethlehem, PA 18105 - Ph: (610) 691-1580