

# Medication Adherence Pilot

## Available to Lehigh County and Northampton County HealthChoices Members

Magellan Behavioral Health of Pennsylvania, Inc. (Magellan) recognizes the importance of medication adherence for individuals diagnosed with serious mental illness. Magellan, Lehigh County HealthChoices and Northampton County HealthChoices are collaborating with a pharmacist consultant in order to:

- Improve medication habits for members in Lehigh County and Northampton County struggling to take medications correctly
- Optimize treatment of acute and chronic symptoms
- Reduce hospitalizations and emergency department visits
- Integrate behavioral and physical healthcare

**Lori Samer of Medication Matters, LLC** is a registered pharmacist and offers services to meet our above goals for members in Lehigh County and Northampton County. The Medication Adherence Program is focused on drug therapy monitoring and coordination of care. The program will monitor the following:

- **AVAILABILITY** of medication (ex: managing refills to ensure timely access to medications)
- **USAGE** of medication (ex: conducting weekly check-ins to assess and monitor adherence)
- **UNDERSTANDING** of medication (ex: addressing misconceptions, concerns, and expectations through education)
- **SIDE EFFECTS** of medication (ex: providing prescribers with a summary checklist review)
- **ACCESSIBILITY** of healthcare providers (ex: coordinating care between visits amongst outpatient programs, community pharmacists, and prescribers)
- **EFFECTIVENESS** of medication (ex: promoting lifestyle modifications to improve effectiveness of medications, acute and chronic conditions, and quality of life indicators)

The Medication Adherence Program's services are intended to optimize your physician's time and compliment services being provided within your agency. The program **will not include** completing physical or mental assessments, diagnosing, selecting, adjusting, or monitoring efficacy of drug therapy, or managing side effects.

Through collaboration with Lori, Magellan aims to improve medication adherence rates and community tenure for our membership in Lehigh County and Northampton County.

If you have questions about the program, please view our brief webinar [here](#) or contact Lori Samer at [medication.matters.rph@gmail.com](mailto:medication.matters.rph@gmail.com).