

# Magellan Compliance Notebook – February, 2015

Magellan Behavioral Health of Pennsylvania, Inc. (Magellan) strives on being proactive and using education as a preventative tool to provide our members the highest quality of care through you, the provider.

*This e-mail communication is specific to your HealthChoices (Pennsylvania Medicaid) Contract with Magellan.*

The Quality Improvement and Compliance Departments at Magellan have committed to sending monthly e-mails to targeted providers regarding a Compliance related subject. This month we'd like to ensure that providers have received and reviewed a 2014 OMHSAS Policy Clarification on DSM-5; and also direct providers to the DSM-5 and ICD-10 resources that are currently available on Magellan's website.

The purpose of OMHSAS-14-04 (attached) is to provide information to mental health service providers and to business partners of the Office of Mental Health and Substance Abuse Services (OMHSAS) regarding the changes associated with the Diagnostic and Statistical Manual of Mental Disorders, fifth edition (DSM-5), released by the American Psychiatric Association (APA) in May 2013.

## Highlights from the Bulletin:

- The purpose of DSM-5 was to enhance the description, classification, and diagnosis of mental health symptoms and behaviors that will allow for improved access to treatment. The DSM-5 is in concordance with the International Classification of Diseases (ICD), which provides the diagnosis codes used for billing and insurance reimbursement purposes. The DSM-5 includes dual codes for every mental health disorder to account for the currently used ICD-9-CM codes and ICD-10-CM codes. It should be noted that a compliance date requiring the use of ICD-10-CM codes beginning October 1, 2015 is expected.
- The DSM-5 eliminated the multi-axial format by combining the first three DSM-IV-TR axes in to one list ordered by relevancy, to include all mental health disorders, including personality disorders and intellectual disability, as well as other medical diagnoses.

- The fourth DSM-IV-TR axis consisting of psychosocial and environmental factors is now represented by an expanded set of V codes (codes that recognize conditions other than a disease or injury that may contribute to the necessity of treatment).
- The fifth axis containing the Global Assessment of Functioning (GAF) scale is replaced with the utilization of separate notations to identify disability.
- Behavioral health services typically utilize the DSM to determine eligibility and medical necessity for services, as outlined in various regulations, bulletins, provider handbooks, and other policy documents. In some cases eligibility and medical necessity criteria make specific reference to one or more axes of DSM as well as the GAF scale.
- In the bulletin, OMHSAS indicates that there are no changes to the diagnostic criteria for eligibility or medical necessity determination despite the elimination of the multi-axial system from the DSM-IV-TR to the DSM-5. [For example: The medical necessity for a service requires as one of the conditions of eligibility, “*Primary diagnosis of schizophrenia or other psychotic disorders such as schizoaffective disorder, or bipolar disorder as defined in Axis 1 of Diagnostic and Statistical Manual of Mental Disorders (DSM IV-TR, or any subsequent revisions thereafter)*”. The requirement to meet the named diagnoses remains valid even though the reference to Axis 1 would no longer be relevant for use in the DSM-5].
- Since the DSM-5 has eliminated the GAF scale to assess functionality, OMHSAS will no longer require the GAF assessment in eligibility or medical necessity determinations. However, providers are strongly encouraged to continue to include functionality assessments and select an appropriate instrument for assistance in determining the appropriate level of care (i.e. WHODAS 2.0).

Magellan is committed to keeping you informed on the fifth edition of *Diagnostic and Statistical Manual of Mental Disorders* (DSM-5) and the transition from ICD-9-CM (International Classification of Diseases, 9th Edition, Clinical Modifications) diagnosis codes to ICD-10-CM diagnosis codes.

Magellan will update information related to DSM-5 and ICD-10 on <https://www.magellanprovider.com/MHS/MGL/getpaid/hipaa/icd10dsm5.asp?leftmenu=4&sub=none> as new information on these topics becomes available, so please check back often.

At Magellan, we will continue to educate our providers with updated MA Bulletins, Regulations and other pertinent information in order to ensure Compliance.

Thank you for your ongoing hard work and dedication to our members!

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