

Magellan Compliance Notebook

September, 2013

Magellan Behavioral Health of Pennsylvania, Inc. (Magellan) strives on being proactive and using education as a preventative tool to provide our members the highest quality of care through you, the provider.

The Quality Improvement and Compliance Departments at Magellan have committed to sending monthly e-mails to targeted providers on a Compliance related subject. This month, we are going to focus on the Family-Based Mental Health Services (FBMHS) Policy Clarification which focuses on training and supervision requirements.

Attached is Policy #04-2012 which was issued on July 11, 2012. The goal of the communication was to update procedural changes related to training and clinical supervision in FBMHS. As you are aware, OMHSAS's expectation is that FBMHS providers would be in compliance with the new regulations by September, 2013. Specifically:

1. **SUPERVISION:** The following clinical supervision must be provided by the FBMHS Supervisor: 1 ½ hours of individual and FBMHS team supervision per week; and 1 ½ hours of group supervision per week. OMHSAS further clarifies that the division of time spent in individual or team supervision is based on individual and team learning contracts (to be developed with each staff and team as part of continuing clinical development). Furthermore, two or more teams at one session is considered to be group supervision; and group supervision can be no larger than the number of FBMHS teams who together serve a max of 40 families.
2. **TRAINING:** All staff (therapists and clinical supervisor) are required to attend the DPW approved FBMHS Eco-Systemic Structural Family Therapy training from an approved training center. Staff must obtain 18 hours during the first year (either ESFT FBMHS Orientation for therapy staff or ESF Orientation to Supervision for supervisory staff). Secondly, staff must obtain 255 hours of Core ESFT FBMHS training provided at the rate of 85 hours annually over a 3 year time frame. Staff will be required to pass an established competency assessment in order to graduate from the training program.
 - a. Both bachelor's and master's level clinical staff who have graduated from the training program will need to obtain 30 hours of ESFT Booster training annually. Clinical supervisors will need to attend 30 hours of ESFT Supervisor Core training annually and also attend CORE ESFT FBMHS training when their staff is presenting a case.
 - b. Both bachelor's and master's level clinical staff are required to pass the FBMHS exam. A passing score enables a mental health worker to become a Certified FBMHS Mental Health Worker. A passing score enables the mental health professional to become a Certified FBMHS Mental Health Professional.
 - c. Supervisors will develop a learning contract with those individuals who do not pass the exam.

Effective 10/1/13, Magellan be auditing providers to ensure that they are in compliance with these changes during routine re-credentialing audits of Family-Based Mental Health programs. These audits,

scheduled through Magellan's Quality Improvement Department, will be conducted as Integrated Audits (combination of Clinical, Compliance and Network assessment tools).

At Magellan, we will continue to educate our providers with updated MA Bulletins, Regulations and other pertinent information in order to ensure Compliance. Our members are our utmost priority and together, we can provide quality services through education, knowledge, and being a proactive advocate for our member population.

Thank you for your ongoing hard work and dedication to our members!