

Main Office

500 Office Center Drive, Suite 100 Fort Washington, PA 19034

Montgomery County Mobile Crisis Hotline 855-634-4673 (call)

Peer Support Talk Line

855-715-8255 (call) 267-225-7785 (text)

Teen Talk Line

866-825-5856 (call) 215-703-8411 (text) teentalkline@accessservices.org

Access Services is an Equal Opportunity Care Provider.





ACCESS SERVICES Creating better ways to serve people with special needs

Crisis Support is Available

Competent and caring crisis workers are available to help children, adolescents, adults and families resolve crisis situations through telephone and mobile support when needed. Crisis support is available 24 hours a day, 7 days a week at **1-855-634-4673 (634-HOPE)**. We are here to help you with immediate crisis situations and help you reduce and manage recurring crisis.

All services are provided at no charge to you.

What We Provide

- Telephone counseling and mobile intervention 24 hours a day, 7 days a week
- Meetings in your home and in the community
- Help in developing strategies for reducing recurring crisis
- Support in addressing drug/alcohol use or addiction
- Planning to cope with past traumatic experiences
- Connection to psychiatry in emergency situations
- Support from peer specialists who can relate to your experience
- Connections to other community supports and resources
- Assistance in connecting to higher levels of care as needed
- Collaboration with police and other emergency responders in support of individuals managing mental health crises

Family and Hospital Engagement

Family Engagement Services are offered at no charge during and after hospitalization. Family engagement can begin immediately upon one's admission to the hospital for treatment. The focus of this support is to enhance the maintenance of stability gained while inpatient, communication with other supports, and connection to Mobile Crisis for as needed support.

Peer Support Talk Line

The Peer Support Talk Line offers support 7 days a week for "warm line" support to adults in Montgomery County. Calls and texts are answered by certified peer specialists who understand the challenges and joy of living out the process of recovery. The Peer Support Talk Line is open daily from 1:00pm - 9:00pm and can be reached at **855-715-8255** or text **267-225-7785**.

Teen Talk Line

The Teen Talk Line is available for teens in Montgomery to access call, text and email support from a volunteer peer. Peer mentors are trained and supervised to provide practical support to other teens. Teen Talk Line provides a preventative approach to reduce serious crisis situations, law enforcement activity and hospitalizations.

Call 866-825-5856 Text 215-703-8411 Email teentalkline@accessservices.org

For more information on Mobile Crisis Support, Peer Support Talk Line or Teen Talk Line, visit www.accessservices.org.