Montgomery County Community Mental Health Resources for Children & Adolescents

Magellan Behavioral Health Member Resources

https://www.magellanofpa.com/for-members/ or 877-769-9782

Virtual & In-Person Mental Health Services

- Private Insurance: Contact insurance provider and ask for behavioral health services
- Medical Assistance or No Insurance: Contact regional Administrative Case Management Department
 - Western Region: Creative Health Services, 610.326.2767
 - Franconia/Salford Region: St. Luke's Penn Foundation, 215.257.6551
 - Lansdale Region: Merakey, 215.368.2022
 - Norristown Region: Central Behavioral Health, 610.277.4600
 - Lower Merion Region: Lower Merion Counseling Services, 610.520.1510
 - \circ $\;$ Abington Region: Child and Family Focus, 267.818.6190 $\;$

Student Assistance Program Individual & Group Support

SAP is a K-12 school based, evidence-informed framework for prevention, early intervention, referral, and support for students with mental health and drug and alcohol needs that may prevent them from fully benefiting from their educational experiences. Services are offered at no cost. Students can be referred through the school's SAP team or by contacting one of the following providers:

- SE Region School Districts: Aldersgate Youth Service Bureau
 215.657.4545
- Central Region School Districts: Carson Valley Children's Aid
 215.233.1960; extension 305
- Western Region School Districts: Creative Health Services
 610.327.1503
 - o 610.327.1503
- Central Eastern School Districts: Merakey (formerly NHS)

 215.368.2022

For more information visit: <u>Student Assistance Program | Montgomery</u> <u>County, PA - Official Website (montgomerycountypa.gov)</u>

Parent & Caregiver Support: FamilyWorx

An advocacy team comprised of family members sharing information, support, and advocacy services with Montgomery County families whose children or youth are facing behavioral health concerns. Team members work together to support caregivers as someone who has been in their shoes.

- For more information contact Lisa Radcliffe, Program Supervisor
- Call 610.618.2059; Email: Lradcliffe@hopeworxinc.org



Montgomery County Department of Health and Human Services

Access Mobile Crisis 1-855-634-HOPE (4673)

Competent and caring crisis workers will help individuals resolve crisis situations like depression or suicidal thoughts through telephone and mobile support when needed. The team is there to help with immediate crisis situations and help reduce and manage recurring crisis. All services are provided at no charge. Crisis support is available 24 hours a day, 7 days a week

Teen Talk Line

Provided by Access Services. This is a warm line where teens can speak or text anonymously with a peer about any issues or problems they are facing without fear of judgement. The talk/text lines are available seven days a week from 1:00 PM - 9:00 PM. The line is closely tied to the Montgomery County Mobile Crisis Program and is a supplement to that service. This also allows any true crisis calls to be immediately transferred to a crisis worker.

- Call 866.825.5856
- Text 215.703.8411
- Email:teentalkline@accessser vices.org

Montgomery County Children's Behavioral Health Guide (detailed services guide)

Montgomery County Childrens Behavioral Health-Services Guide