

NEWS RELEASE

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The 7th Annual Recovery in the Valley on October 7 in Johnstown will Highlight the Multiple Pathways to Recovery

Johnstown, PA - [Sept. 26, 2023] – Magellan Health, Inc., announced today that Magellan Behavioral Health of Pennsylvania, Inc. (Magellan) will host the 7th annual "Recovery in the Valley" in Johnstown, Penn., in collaboration with Behavioral Health of Cambria County, the Cambria County Behavioral Health Services Program, and the Cambria County Drug Coalition. *The free event is scheduled from 11 a.m.-3 p.m. Saturday, Oct. 7, in Johnstown's Central Park, and is open to the general public.* Magellan currently administers behavioral health benefits throughout Pennsylvania with HealthChoices contracts in Bucks, Cambria, Lehigh, Montgomery, and Northampton counties.

The Recovery in the Valley will include:

- Featured speakers and information about multiple pathways to recovery, including medically-assisted treatment (MAT), 12 Step Programs, Certified Recovery Specialist (CRS) support, and the faith-based path
- Resource tables hosted by behavioral health and substance use providers
- Public information about different pathways of recovery
- Various church groups to support those struggling with substance use disorders.
- Family entertainment including face painting, photo booth, a bounce house, and therapeutic goats/petting zoo
- Live entertainment including a local professional dance company and local musicians.
- Free food and refreshments

"Our theme this year is that recovery is for everyone: every person, every family, and every community," said Tracy Shultz, director of operations for Magellan Behavioral Health in Cambria County. "Together with our dedicated community partners, we wish to welcome everyone to recovery by lowering barriers to recovery support, creating inclusive spaces and programs, and broadening our understanding of what recovery means for people with different experiences. We look forward to sharing important resources and opportunities for all residents of Cambria County in a relaxed, family-friendly environment."

For more information on the Cambria County Behavioral Health Services Program, go to http://www.cambriacountypa.gov/behavioral-health.aspx.

For more information on Magellan Behavioral Health of Pennsylvania, Inc., go to www.MagellanofPA.com.

About Magellan Health: Magellan Health, Inc. supports innovative ways of accessing better health through technology, while remaining focused on the critical personal relationships that are necessary to achieve a healthy, vibrant life. Magellan's customers include health plans and other managed care organizations,

employers, labor unions, various military and governmental agencies and third-party administrators. For more information, visit <u>MagellanHealth.com</u>.

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