

MY LIFE returns to Pennsylvania in 2026

Magellan is excited to announce that the Magellan Youth Leaders Inspiring Future Empowerment (MY LIFE) Program will be returning to Pennsylvania in 2026! MY LIFE helps young people use their voices and experiences to make positive changes for themselves, their peers, and their communities. It's a free and fun advisory group for youth and young adults (Y/YA) who have faced mental health or substance use challenges or been involved with youth programs or services.

In MY LIFE, Y/YA can:

- Share ideas about improving youth programs
- Take part in projects that improve our communities
- Meet and connect with others who “get it”
- Build confidence and leadership skills
- Learn about recovery and resiliency
- Help change how people think about mental health

We will have five MY LIFE advisory groups: Bucks MY LIFE, Bedford-Somerset MY LIFE, Cambria MY LIFE, Lehigh-Northampton MY LIFE, and Montgomery MY LIFE.

You can find updates about MY LIFE in your community and how to get involved on our [MY LIFE webpage](#).