



Psychiatric Rehabilitation (Psych Rehab) for individuals with Autism

If you're a Lehigh County or Northampton County resident on Medical Assistance and want to learn more about Psych Rehab, please call one of the service providers below.

Did you know?

Young people living with Autism Spectrum Disorder (ASD) often have questions about navigating through life after high school. Psych Rehab can help young adults learn new skills, prepare for employment, improve social skills, and find community supports.

Service providers:

✓ Haven House	(Mobile & site-based), Ages 18+ 1411 Union Blvd., Allentown Ph: 610-433-6181
✓ Step by Step	(Mobile only), Ages 18+ 2015 Hamilton Street, Suite 103, Allentown Ph: 610-867-0688
✓ RHA Health Services	(Mobile & site-based), Ages 18+ - Recovery Education Center 1427 Chew Street, Allentown Ph: 484-866-9303 - Unity House Enrichment and Recovery Center 119 N. 4th Street, Bethlehem Ph: 610-691-1580

Helpful life-skills education:

- Cooking and menu planning
- Shopping
- Cleaning
- Money management
- Physical and mental wellness management
- Communication
- Educational interests leading to meaningful employment



Services may be delivered 1-on-1, in the home or in the community (mobile). Group services are also available at a site-based location.