

# **Request for Interest**

## Collaborative Assessment and Management of Suicidality (CAMS) Provider Training Opportunity

#### **Date Issued:**

April 17, 2025

### **Date Due:**

June 30, 2025

# **1.0 Introduction**

Magellan Behavioral Health of Pennsylvania, Inc., in collaboration with Northampton County HealthChoices Program, is offering a training opportunity for clinical staff to become Certified CAMS (Collaborative Assessment and Management of Suicidality) Providers. This initiative is open to all levels of care, including **Inpatient Psychiatric, Residential Psychiatric, Acute and Subacute Partial Hospital, Outpatient Mental Health, and Community-Based Services**. The training will equip providers with the tools and skills to assess and manage suicidality in clients, enhancing treatment outcomes and providing clinicians with evidence-based tools to effectively address suicidality.

#### **Eligibility Requirement:**

To apply for this opportunity, agencies must have a Magellan contract with Northampton County HealthChoices.

# 2.0 Background

CAMS is an evidence-based, therapeutic framework designed for suicide-specific assessment and treatment of suicidal risk. The model is flexible, allowing for integration across various theoretical orientations and disciplines. CAMS helps clinicians identify and eliminate suicidal drivers—cognitive distortions that lead to suicidality in response to stress. Clinicians trained in CAMS will be better equipped to reduce suicidal ideation, alleviate overall distress, and improve outcomes in individuals at risk of suicide.

For more information about CAMS, visit the official website: www.cams-care.com.

## 3.0 Training Resources Available

As part of this opportunity, your agency will have access to the following resources to support your clinical staff in becoming Certified CAMS Providers:

• CAMS Manual:

Digital copies of Dr. Jobes' book, *Managing Suicidal Risk, 3rd Edition: A Collaborative Approach*, will be provided to each clinician. This is a core resource that will guide staff in applying CAMS with clients.

• Foundational Video Training: Your clinicians will have access to a 3-hour online foundational video course. This self-directed training allows clinicians to complete the course at their own pace, ensuring minimal disruption to their clinical work and client interactions. The training provides an introduction to the CAMS model and is available on-demand.

### • Onsite Role Play Training:

CAMS-care will offer experiential, live role-play training sessions that demonstrate the application of the CAMS model in real-world scenarios. Clinicians will have the opportunity to



engage in these workshops, which will enhance their confidence in utilizing CAMS assessments and interventions.

## • Consultation Calls:

Following the training, clinicians will have access to consultation calls with CAMS-care experts. These calls provide ongoing support as your staff integrate CAMS into their clinical practice, offering guidance on challenging cases and questions.

### • Online CAMS-4Teens Training:

For agencies serving adolescents, a specialized four-hour online training focused on CAMS for Teens will be available. This training provides the latest research and practical guidance on applying CAMS with younger populations, including strategies for engaging families and working with schools.

### • Continuing Education (CE) Credits:

Clinicians will have the option to earn Continuing Education (CE) credits for various aspects of the training, including the CAMS manual, foundational video course, role play sessions, and the CAMS-4Teens training. CE credits are available for an additional fee and can be purchased separately.

# 4.0 Benefits to Agencies

By participating in this CAMS training opportunity, your agency will receive several key benefits:

• Enhanced Clinical Capabilities:

Your clinicians will be equipped with a flexible, evidence-based framework to assess and manage suicidality, improving the quality of care provided to individuals at risk of suicide. CAMS has a proven track record of reducing suicidal ideation, overall distress, and hopelessness.

• Improved Outcomes and Reduced Liability:

Implementing CAMS reduces the risk of liability associated with suicidality management. By providing clinicians with structured, evidence-based tools, your agency will have a standardized approach to suicide prevention, improving client outcomes and increasing the safety and confidence of your clinical staff.

### • Workforce Satisfaction and Retention:

Providing staff with the opportunity to gain CAMS certification improves clinician job satisfaction and supports retention. Clinicians who feel well-equipped to handle complex and high-risk cases are more likely to stay with your organization.

# Minimal Disruption to Operations:

The training is largely self-directed, allowing staff to complete much of the coursework on their own time. This flexibility means clinicians can complete training without taking extended periods of time away from their client-facing responsibilities.

## • Life-Saving Impact:

CAMS provides clinicians with the tools necessary to intervene effectively with suicidal clients, saving lives and contributing to the overall well-being of the individuals and communities you serve.

## • Magellan Funding for Training:

Magellan is fully funding the CAMS training, meaning your agency's only financial



commitment will be for staff time and any Continuing Education (CE) credits purchased. This eliminates the cost barriers to providing high-quality suicide prevention training to your clinical staff.

## **5.0 Training Duration and Phases**

The training is part of a **five-year program** that will be offered annually. In **Years 1 and 2**, training will be available for **50 clinicians per year**, with an emphasis on CAMS for Teens and CAMS Certification. In **Years 3-5**, training will expand to serve **100 clinicians per year**, continuing to provide CAMS training and resources.

# 6.0 Application and Submission Information

To express interest in this opportunity, please submit the following:

#### 1. Organization Information:

- Name of the organization
- Contact details for the primary point of contact
- Overview of services provided, especially related to child/adolescent and adult mental health

### 2. Interest in CAMS Training:

- Number of clinical staff you intend to send for training
- Experience and qualifications of the staff members
- How CAMS training aligns with your agency's goals and services

### 3. Commitment to Implementation:

- A statement of commitment to having staff complete the CAMS certification process.
- A plan for integrating CAMS into your services and policies.

### 4. Impact and Outcomes:

- How you anticipate CAMS training will improve your organization's ability to serve children, adolescents, and adults.
- Methods or metrics to measure the effectiveness of CAMS within your services.

# 7.0 Evaluation Criteria

Responses will be evaluated based on:

- Alignment with Northampton County HealthChoices' objectives
- Impact of CAMS training on your agency's ability to serve clients
- Commitment to integrating CAMS into your practice



# 8.0 Confidentiality and Non-Disclosure

All information provided in response to this RFI will be kept confidential and used solely for the purpose of evaluating participants for CAMS training funding.

## 9.0 Submission Instructions

Interested providers should submit a Letter of Interest by **June 30, 2025**, via email to **kearneyc@magellanhealth.com**.

Responses must be in PDF format using 12 pt. font. There is no page limit for responses, and any supporting documents should be identified as appendices.

Please direct any questions regarding this request to Chasie Kearney at **kearneyc@magellanhealth.com**.

