

Pennsylvania HealthChoices

Member Newsletter

The Great American Smokeout® is November 20, 2025¹

The American Cancer Society has led this national promotion since 1977. The Great American Smokeout helps people in Pennsylvania and across the country. It is a day for people who smoke tobacco to make a plan to quit.

You can join others and quit smoking for the day. This action can start your smoke-free journey. Quitting smoking is very tough. It will take time for most people. It also takes a plan.

Quitting smoking reduces health risks. You will create a healthier life for yourself when you stop the use of tobacco. Cigarette smoking remains the most preventable cause of serious illness and death.

Here are some recent statistics from the American Cancer Society:

- Smoking and exposure to secondhand smoke cause more than 480,000 deaths in the United States every year.
- Smoking cigarettes increases the risk of at least 12 different cancers.
- In the United States, cigarette smoking causes about 3 of every 10 cancer deaths.

It is not too late for all age groups to quit the use of tobacco. Having a plan will absolutely help you. Set a goal to stop tobacco use on November 20 this year!

Resources and Local Support:

American Cancer Society

- Cancer.org
- 24/7 Helpline: 1-800-227-2345

1-800-QUIT-NOW (1-800-784-8669)

1-800-DÉJELO-YA (1-855-335-3569) (Español)

www.paquitlogix.org

www.mylifemyquit.com (for youth ages 14-18)

www.magellanoftpa.com/for-members/community/tobacco-resources-support

Nicotine Replacement Therapy (NRT) Basics

- Multiple NRT options are available.
- Use NRT as directed and avoid combining products without medical advice. Nicotine poisoning is possible if misused.
- Best results happen when NRT is combined with support programs.

Email for Magellan support at
tobaccosupport@magellanhealth.com

1. American Cancer Society

Community & resource information

Member resource phone lines are staffed 24 hours a day, seven days a week, or go to MagellanofPA.com.

Find specialty providers on our website

- 1. Go to MagellanofPA.com
- 2. Click 'Provider Search' and follow next steps

Have a question about Community HealthChoices?

Participants: 1-833-735-4416

Providers: 1-800-932-0939

healthchoices.pa.gov/info/about/community

Email: RA-PWCHC@pa.gov

How to report fraud, waste and abuse of the system:

Special Investigations Unit
Hotline: 1-800-755-0850

Corporate Compliance
Hotline: 1-800-915-2108

View the *Member Handbook and Newsletter* at MagellanofPA.com under Member Resources.

Sign up to have the newsletter emailed to you!

Behavioral Health Matters podcast is available

Check out our podcast, with new episodes posted every 4-6 weeks. The show aims to promote positive mental health, increase our understanding of behavioral health (BH) topics and services, and reduce stigma.

Each episode includes engaging content focused on BH related topics. The conversations help the audience to better understand BH topics and services. Podcasts can help you relax. They can also help to inform the listener.



Upcoming community meetings

Please connect with the points of contact below. Meetings are subject to change.

Contact your county facilitator below to learn more about MY LIFE or visit magellanofpa.com/for-members/community/my-life:

- Bucks County: Katie Bandish, 215-360-6586
- Cambria County: Camette Standley, 814-961-0719
- Lehigh/Northampton Counties: Janet Verga, 610-858-3116
- Montgomery County: Coleen McGeehan, 610-906-9474

CSP monthly meetings for each County:

- Steph Cassanese, cassaneses@magellanhealth.com

County resources

Bucks County

Member: 1-877-769-9784

TTY: PA Relay 7-1-1

Emergency & Crisis Information:

Dial 988 for the National Suicide Hotline or contact one of the Crisis Centers below:

- Lenape Valley Foundation, Bristol: 215-785-9765
- Lenape Valley Foundation, Doylestown: 215-345-2273
- Lenape Valley Mobile Crisis: 1-877-435-7709
- Penn Foundation, Quakertown: 215-257-6551 (crisis services 7 a.m. – 11 p.m. daily)

Cambria County

Member: 1-800-424-0485

TTY: PA Relay 7-1-1

Emergency & Crisis Information:

- Dial 988 for the National Suicide Hotline

Cambria County Reach Crisis Center:

- 1-877-268-9463

Lehigh County

Member: 1-866-238-2311

TTY: PA Relay 7-1-1

Emergency & Crisis Information: 610-782-3127 or dial 988 for the National Suicide Hotline

Montgomery County

Member: 1-877-769-9782

TTY: PA Relay 7-1-1

- Peer Support Talk Line: 1-855-715-8255 (talk) or 1-267-225-7785 (text)
- Teen Talk Line: 1-866-825-5856 (talk) or 1-215-703-8411 (text)

Emergency & Crisis Information:

Dial 988 for the National Suicide Hotline or contact one of the Crisis Centers below:

- Access Mobile Crisis Services: 1-855-634-HOPE (4673)
- Montgomery County Emergency Services: 610-279-6100 or 1-844-455-7455

Northampton County

Member: 1-866-238-2312

TTY: PA Relay 7-1-1

Emergency & Crisis Information: 610-252-9060 or dial 988 for the National Suicide Hotline

Community HealthChoices

Managed care organization contact information

AmeriHealth Caritas CHC

amerihealthcaritaschc.com

- Participant Services: 1-855-235-5115 (TTY 1-855-235-5112)
- Nurse Call Line: 1-844-214-2472

Keystone First CHC

keystonefirstchc.com

- Participant Services: 1-855-332-0729 (TTY 1-855-235-4976)
- Nurse Call Line: 1-855-332-0117

UPMC Community HealthChoices

www.upmchealthplan.com/CHC

- Participant Services: 1-844-833-0523 (TTY 711)

PA Health & Wellness Community HealthChoices

pahealthwellness.com

- Participant Hotline: 1-844-626-6813 (TTY 711)



PA COMPASS website to check
contact information for Medical
Assistance Renewal



Consent form to receive text
messages from Magellan

PA HealthChoices plan contact information

Plan	Bucks	Cambria	Lehigh	Montgomery	Northampton
AmeriHealth Caritas Pennsylvania Members: 1-888-991-7200 TTY: 1-888-987-5704 EMSU: 1-800-684-5503 amerihealthcaritaspa.com		X	X		X
Geisinger Health Plan Members: 1-855-227-1302 TTY: PA Relay 7-1-1 EMSU: 1-855-214-8100 ghpfamily.com	X	X	X	X	X
Health Partners Plans Members: 1-800-553-0784 TTY: 1-877-454-8477 EMSU: 1-866-500-4571 healthpartnersplans.com	X	X	X	X	X
Highmark Wholecare Members: 1-800-392-1147 TTY: PA Relay 7-1-1 EMSU: 1-800-642-3550 highmarkwholecare.com		X	X		X
Keystone First Members: 1-800-521-6860 TTY: 1-800-684-5505 EMSU: 1-800-573-4100 keystonefirstpa.com	X			X	
United Healthcare Community Plan Members: 1-800-414-9025 TTY: PA Relay 7-1-1 EMSU: 1-877-844-8844 uhccommunityplan.com	X			X	
UPMC for You Members: 1-800-286-4242 TTY: 1-800-361-2629 EMSU: 1-866-463-1462 upmchealthplan.com	X	X	X	X	X

EMSU: Enhanced Member Supports Unit



HealthChoices Help Line: 1-800-440-3989 or enrollnow.net
Medicare primary information: benefitscheckup.org