Welcome and Opening Remarks
Agenda

- What is Intensive Behavioral Health Services (IBHS)?
- Key Changes in IBHS
- IBHS Authorization Process
- Key Takeaways
- Ongoing Resources
- Questions
What is IBHS?

• Intensive Behavioral Health Services were created when a diverse stakeholder group came together to talk about regulating BHRS. Stakeholders included family members, providers, and other parties involved in making BHRS work.

• In these discussions the stakeholder group determined a new name (IBHS) would be best to move the services forward.

• Applies to BHRS, ABA, Evidence Based Programs (Multi-Systemic Treatment (MST), Functional Family Therapy (FFT) etc.), CRR Host Home and group activities (Summer Therapeutic Activities Program (STAP), Therapeutic After School Program (TASP))
IBHS has 3 main categories:

- **Individual**
  - Behavior Consultation (BC)
  - Mobile Therapy (MT)
  - Behavior Technician (BT)
  - Evidence Based Therapy (FFT & MST)

- **Group**
  - Therapeutic Afterschool Program (TASP)
  - Summer Therapeutic Activities Program (STAP)
  - ABA group services

- **ABA**
  - Behavior Analytic
  - Behavior Consultation ABA
  - Assistant BC -ABA

- **ABA**
  - BHT-ABA

• Providers will write in their Program Descriptions which of these categories their agency plans to deliver.
Individual Services

Intensive therapeutic interventions and supports that:

- reduce and manage identified therapeutic needs
- increase coping strategies
- support skill development to promote positive behaviors
- and stabilize, maintain or maximize functioning of a child, youth or young adult
- provided in the home, school or other community setting.
Group Services

Group services are therapeutic interventions provided primarily in a group format through clinical interventions including psychotherapy and ABA services, structured activities and community integration activities that address a child’s, youth’s or young adult’s identified treatment needs. Group services may be provided in a school, community setting or community like setting. A community like setting is a setting that simulates a natural or normal setting for a child, youth or young adult.

• Delivered by graduate-level professional or individual qualified to provide BHT or BHT-ABA services
ABA Services

ABA is the design, implementation and evaluation of environmental modifications, using behavioral stimuli and consequences, to produce socially significant improvement in human behavior or to prevent loss of attained skill or function, including the use of direct observation, measurement and functional analysis of the relations between the environment and behavior.

ABA is used to develop needed skills (behavioral, social, communicative, and adaptive functioning) through the use of reinforcement, prompting, task analysis, or other appropriate interventions in order for a child, youth or young adult to master each step necessary to achieve a targeted behavior.
Key Changes with IBHS
Key Changes with IBHS

- Agencies that provide IBHS must obtain an IBHS license.
- Changes to supervision qualifications.
- Changes to training qualifications.
- Interagency Service Planning Team (ISPT) meeting is no longer required in the regulations.
- Services require a written order and assessment. Will no longer require a Life Domain evaluation.
- ABA no longer requires an Autism Spectrum Disorder diagnosis.
- Providers are required to have a list of community resources for families upon request.
- The ability to do physical management has been added with specific criteria around it. This is not a requirement however for all IBHS providers.

Magellan has the right to enforce additional requirements.
How do I get IBHS?
IBHS Process

- Written Order
- Assessment
- Authorization Packet
A Written Order

- Written by:
  - A licensed physician
  - A licensed psychologist
  - A certified registered nurse practitioner
  - Other licensed practitioner whose scope of practice includes diagnosis and treatment of behavioral health disorders and the prescribing of behavioral health services, including IBHS
  - These practitioners need to be enrolled with the state.

- Based on a face-to-face interaction with child/youth/young adult

- Written within 12 months/1yr prior to the start of IBHS.

- A psychiatric or psychological evaluation can be used in place of a written order provided the evaluation includes the information that must be in the written order.
A Written Order Contains...

✓ Behavioral Health Diagnosis
✓ Clinical information to support medical necessity of the service ordered
✓ **Maximum** number of hours of each service **per month** using “up to” language.
✓ Setting where services may be provided
✓ Measurable improvements in identified therapeutic needs that indicate when services may be reduced, changed or terminated
Face-to-Face Assessment

- Completed by an individual who meets qualifications to provide Behavior Consultation (BC) or Mobile Therapy (MT) services
- Completed within 15 days or 30 days for ABA
- Magellan expects these to be reviewed and updated at least every 6 months
- Assessments should occur in the home/school/community as needed for Individual and ABA Services
- Assessments for Group Services may be office based

Assessment shall include the following:
- Strengths and needs across developmental and behavioral domains
- Strengths and needs of family system
- Natural supports
- Specific services needed to support the child's needs
- Specific services needed to support parent/caregiver needs
Face-to-Face Assessment continued

Clinical information including:

• – Treatment history
• – Medical history
• – Developmental history
• – Family structure and history
• – Educational history
• – Social history
• – Trauma history
• – Developmental, Cognitive, Communicative, Social and Behavioral functioning
• – Other relevant clinical information
• – Cultural, language or communication needs
• – Summary of treatment recommendations
Individualized Treatment Plan for Individual, Group and ABA Services

- Developed within 30 days (45 for ABA) of the initiation of services
- Reviewed and updated at least every 6 months
- Strength based and developed collaboratively with child and caregiver
- Must include the following:
  - Service type, setting and hours
  - How parent/guardian participation is needed
  - Safety plan
  - Specific goals, objectives, and interventions to address therapeutic needs
  - Timeframes
Current authorizations for BHRS/ABA will continue until the last covered day of the authorization.
We do not want families to experience a disruption in services while IBHS is rolled out.
Magellan Updates

• All BHRS/ABA contracted agencies to accept calls from new families seeking BHRS/IBHS for evaluation/assessment/written order process regardless of ability to staff the prescribed services.

• Providers should continue to prescribe BHRS until the network is able to accommodate request for IBHS
ISPTM Plan

• ISPTM’s will no longer be required for authorization or re-authorization for BHRS/IBHS with the exceptions below:
  − When RBT or BHT is requested in the school/daycare/preschool setting. The meeting summary is required for the authorization packet.

• Magellan will require that ISPTM’s be held for the following reasons:
  − Annual ISPT meeting’s should be held.
  − When a referral to a higher level of care is being considered.
  − When Acute Inpatient services or Crisis Services have been utilized
  − When requested by family member or team member.
  − A Magellan representative should be included for any ISPT meetings intended for RTF referral or by family member request.
Key Takeaways

• BHRS will continue to be prescribed until the IBHS network is developed.
• New staffing requirements may impact current teams.
• The Magellan online provider search and provider directory will be updated to include IBHS agencies.
• Families should outreach their current providers or Magellan directly if they experience any barriers with accessing services.
• BHRS will officially end 1/17/2021 and all services will have to transition to IBHS by that date.
Ongoing Resources for IBHS
If you have a current BHRS/ABA authorization for services, please outreach the office staff (case managers, supervisors) from your provider to ask questions and discuss any concerns.
IBHS/BHRS

Effective January 17, 2020, Intensive Behavioral Health Services (IBHS) replaces Behavioral Health Rehabilitation Services (BHRS). The change will have a one year transition. This change will not affect current BHRS authorizations.

- All current BHRS authorizations will remain open
- No BHRS may be provided after January 17, 2021

Magellan is working closely with the Department of Human Services (DHS), our county partners, providers and other stakeholders during this IBHS implementation. There are changes from BHRS and Applied Behavior Analysis (ABA), and we know you will have questions. We want this change to be as easy as possible for you.

You can visit the [DHS website](https://www.dhs.pa.gov) for helpful resources. You can also contact your Magellan care manager.

**Recent IBHS communications**

- Dec. 17, 2019 (stakeholder forum): [presentation, recording](https://www.youtube.com/watch?v=example_video)
- Jan. 15 Member letter to current BHRS families

**Family Workgroup meeting**

- Meeting on Mar. 5

**Key points for families**

- You should expect all BHRS/ABA providers to accept calls from families that are seeking IBHS services
Intensive Behavioral Health Services

Intensive Behavioral Health Services (IBHS) support children, youth, and young adults with mental, emotional, and behavioral health needs. IBHS offers a wide array of services that meet the needs of these individuals in their homes, schools, and communities. IBHS has three categories of service: 1) Individual services which provide services to one child; 2) Applied Behavior Analysis (ABA) which is a specific behavioral approach to services; and 3) Group services which are most often provided to multiple children at a specific place. Evidence-based treatment (EBT) can be delivered through individual services, ABA services, and group services.

We are pleased to announce the promulgation of the IBHS Regulations.

- Annex A: Intensive Behavioral Health Services Regulations
Magellan’s provider search: magellanofpa.com
Please call Magellan’s member line for any concerns getting into services or maintaining current services.

Member services contact information

**Bucks:** (877) 769-9784
**Cambria:** (800) 424-0485
**Delaware:** (888) 207-2911
**Lehigh:** (866) 238-2311
**Montgomery:** (877) 769-9782
**Northampton:** (866) 238-2312
**TTY (All counties):** PA Relay 7-1-1
Questions?
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