

The WarmLine is a free, confidential phone service you can call to speak one-on-one with a certified peer specialist. This is not a crisis line, but a safe place to discuss problems, talk about your day, or ask questions related to recovery and coping with a serious mental illness.

County	WarmLine	Hours
Allegheny	866-661-WARM (9276)	7 days a week 10 a.m. to 12 Midnight
Beaver	724-775-9507 or 877-775-9276	365 days a year from 6p.m. to 9p.m.
Berks	800-971-0016	7 days a week 24 hours
Blair	814-946-9050	7 days a week 7a.m. to 11p.m.
Bucks	215-896-9717	Mon. to Fri. 1p.m. to 5p.m.
Butler	724-431-2488 or 866-431-2489	365 days a year 6p.m. to 9p.m.
Cameron	724-431-2488	7 days a week 6p.m. to 9p.m.
Carbon	866-654-8114	365 days a year 6 p.m. to 10 p.m.
Crawford	800-951-2055 or 814-724-5161	7 days a week 5p.m. to 8p.m.
Cumberland	877-243-7153	Mon. & Fri. 7p.m. to 9p.m., Tues. to Thurs. 7p.m. to 10p.m., Sat. & Sun. 1p.m. to 4 p.m.
Delaware	855-464-9342	Mon. to Fri. 6 p.m. to 10p.m. Sat. & Sun. 1p.m. to 7p.m.
Erie	877-550-4007	Mon. to Fri. 12p.m. to 7:30p.m.
Lackawanna	570-703-4127	7 days a week 6p.m. to 9:00 p.m.
Lackawanna	866-654-8114	365 days a year 6p.m. to 10p.m.
Lancaster *	800-971-0016	7 days a week 24 hours a day
Lebanon *	800-971-0016	7 days a week 24 hours a day
Lehigh	610-820-8451 or 610-820-8549	7 days a week 24 hours a day except 2a.m. to 6a.m.
Monroe	866-654-8114	365 days a year 6p.m. to 10p.m.
Montgomery	855-715-TALK (8255)	7 days a week 3p.m. to 8p.m.
Northampton	610-820-8451 or 610-820-8549	7 days a week 6a.m. to 2a.m.
Perry	877-243-7153	Mon. & Fri. 7p.m. to 9p.m., Tues. to Thurs. 7p.m. to 10p.m., Sat. & Sun. 1p.m. to 4p.m.
Philadelphia	855-507-9276	Mon. to Fri. 4p.m. to 7p.m.
Philadelphia	855-845-7415 or 410-768-5522	7 days a week 24 hours a day
Pike	866-654-8114	365 days a year 6p.m. to 10p.m.
Potter	877-243-7153	Mon. & Fri. 7p.m. to 9p.m., Tues. to Thurs. 7p.m. to 10p.m., Sat. & Sun. 1p.m. - 4p.m.
Schuylkill	866-654-8114	365 days a year 6p.m. to 10p.m.
Susquehanna	866-654-8114	365 days a year 6p.m. to 10p.m.
Wayne	866-654-8114	365 days a year 6p.m. to 10p.m.

\*Friendship Line