



# Virtual MY LIFE Pennsylvania

*MY LIFE is held on the 3rd Tuesday of  
each month from 4:00 – 5:00 PM*

## Upcoming meetings

*January 19, 2021*

*February 16, 2021*

*March 16, 2021*

*Zoom link provided at registration.*

MY LIFE is a fun and inspiring group for youth between the ages of 13 and 23 who have experience with mental health, substance use, foster care, and or other challenges. This is a free interactive online event featuring inspirational speakers, fun activities, and information on a variety of topics important to youth.

### **TO REGISTER:**

**[mackevericanm@magellanhealth.com](mailto:mackevericanm@magellanhealth.com)**

This virtual MY LIFE meeting is an opportunity to offer mutual support while we are not able to meet in-person. In order to participate in this discussion, we all must agree to maintain a respectful environment and protect the confidentiality of our fellow attendees. Participants who do not observe to these standards will not be able to continue in the discussion. If you are experiencing a crisis, please outreach to 911 or find your local crisis resource at [www.magellanofpa.com](http://www.magellanofpa.com).

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